

Weekly Video Feedback

Video - Week Number _____

Topic:

My response to the title:

How we relate to the issue is the issue so my issue is:

NOTES: Use these prompts to get you started: *(what I saw, what I heard, what I learned... Remember to note anything that shifted you or gave you a major shift)*. This is designed to help you take notes from your Neutral Observer or in the state of intuition OR Brain... notice which state you're in.

Other thoughts: