

Client Handout

Client _____

Reader _____

Neutral Observer _____

Tools Observed:

How did you observe yourself as the Client? *Please write out your answer, use these thoughts as prompts: Did you experience upset, ask for advice, help the reader, over-talk, over-help, did you listen or did you not listen, Allow the reader to guide them?*

What else did you observe? *(I coughed, laughed, cried etc.)*

Your Observations of the Reader:

What skill or skills appeared to come naturally to them?

What did you find yourself judging about the reader? Were you able to let it go or did you voice it?

Did you find something that was said to throw you out of the reading?
What was it. Exactly...

Did the reader attempt to process you, or give advice? What exactly did you experience? Were they with you?

If how we relate to the issue is the issue, what are you experiencing now?

Mark off the skills, tools or YOU observed the reader use:

- ☐ Neutral Observer
- ☐ How we relate to the issue is the issue
- ☐ Diving under the wave
- ☐ Inquiry
- ☐ Buzzwords
- ☐ Give me 3 words that are coming forward (asking the client about a card)

Neutral Observer Observations:

Please avoid yes or no answers, write in complete sentences. (Use these prompts to get you started: Did they hold space, give advice, help, allow)

How did you experience their energy?

What did you observe in this reading overall?

About YOU:

What did YOU learn as the Client to assist in YOUR own readings?